B.1 Initial Invitation Sent to QLS Members (QLS Update via email)

CONTINUING LEGAL EDUCATION

WORK-LIFE BALANCE AND YOU

The University of the Sunshine Coast, in collaboration with the Queensland Law Society, is conducting research into the topic of work-life balance and the legal profession in Queensland. The University and the QLS recognise that achieving a satisfactory relationship between our work and personal lives can be very challenging at times, which then impacts upon our general health, wellbeing, satisfaction and performance.

Much is known about the challenges and effects of lack of work-life balance; too little is known about how to improve it. The current research intends to address this issue by investigating the positive, as well as the negative aspects of the equation, resulting in a better understanding of the work and personal life interface. We would like your contribution in this regard.

What does the study involve?

The study involves completion of a strictly confidential, online survey which takes approximately twenty minutes. QLS members will have the option to request an individualised report on their survey results.

How will the study benefit you and others?

QLS members who complete the survey, request an individualised report and develop their own action plan will be eligible for one full CPD unit under QLS guidelines. The report will offer members an opportunity to develop specific strategies to build on the positives and overcome any negatives in relation to their work-life balance, thereby enhancing their career and personal development.

The overall results will be made available to the QLS to assist them in providing support to members in this increasingly recognised area of importance for work performance.

We invite you to go the following link which will be open between 1 October and 30 November 2008, to contribute to our research:

http://survey.usc.edu.au/opinion/s?s=1421

We thank you in advance for your participation. If you have any queries, please telephone Barbara Haddon on (07) 5459 4573 or email bhaddon@usc.edu.au.
B.2 Follow-up Invitation Sent to QLS Members (QLS Update) (via email)

Work-Life Balance Survey Update

We would like to thank all those QLS Members who have responded to the Work-Life Balance online survey currently being conducted by the University of the Sunshine Coast, in collaboration with the QLS - your contribution to our research is greatly appreciated.

For those of you who have not yet participated, we would be most grateful for your contribution. For that reason, the survey will be held open until the end of December and can be accessed at http://survey.usc.edu.au/opinio/s?s=1421

QLS members who complete the survey, request an individualised report and develop their own action plan will be eligible for one full CPD unit under QLS guidelines.

For those Members who have already participated and have requested an individualised report, you should have received it by email or mail (as applicable). We know of one report that went missing in the mail, so if you have not received your report please advise Barbara Haddon on (07) 5459 4573 or email bhaddon@usc.edu.au

We intend to provide the QLS with preliminary results in the new year. In the meantime, wishing you all a happy, healthy and safe festive season.

Andy Hede and Barbara Haddon

B.3 QLS CEO’s Article in Support of Survey

Appendix B.3 is unable to be reproduced online. Please refer to the following citation:


B.4 Haddon & Hede Article in QLS Journal Proctor (October 2008)

Appendix B.4 is unable to be reproduced online. Please refer to the following citation:


B.5 Haddon & Hede Article in QLS Journal Proctor (June 2010)

Appendix B.5 is unable to be reproduced online. Please refer to the following citation: