

## Relative Inactivation of Faecal Indicator Bacteria and Sewage Markers in Freshwater and Seawater Microcosms

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## **Relative Inactivation of Faecal Indicator Bacteria and Sewage Markers in Freshwater and Seawater Microcosms**

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### **Significance and Impact of the Study**

In this study, we have shown that the persistence of the *Bacteroides* HF183 marker in freshwater and seawater microcosms was similar to faecal indicator bacteria (*Escherichia coli* and enterococci), whereas human adenoviruses (HAVs) persisted relatively longer. These findings suggest the suitability of both the markers to identify sewage pollution in environmental waters. However, HF183 marker appeared to be more useful than HAVs in identifying recent sewage pollution. Since, HAVs may remain infective for lengthy periods, it should

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be used in conjunction with the HF183 marker to obtain information on the potential human health risks associated with sewage polluted waters.

## **Abstract**

In this study, the relative inactivation of faecal indicator bacteria (FIB) namely *Escherichia coli* and enterococci and sewage markers [*Bacteroides* HF183 and human adenoviruses (HAVs)] were assessed in sewage spiked freshwater and seawater microcosms under ambient sub-tropical climatic conditions. The numbers of declining FIB were measured with culture-based methods whereas the numbers of sewage markers were measured with qPCR assays. The  $T_{90}$  inactivation times of *E. coli*, enterococci and the HF183 markers in both freshwater and seawater microcosms were < 3.5 days suggesting the suitability of the HF183 marker to identify recent sewage pollution events. The  $T_{90}$  value of HAVs (9.4-13 days), however, was significantly higher than FIB and the HF183 marker in both freshwater ( $P < 0.001$ ) and seawater ( $P < 0.05$ ) microcosms. Therefore, we recommend that HAVs should be used as an additional marker in order to adequately assess the potential health risks associated with longer term sewage polluted environmental waters.

## **Keyword**

Microbial source tracking, Sewage pollution, Inactivation, Human adenoviruses, Faecal indicator bacteria, Microcosms

## **Introduction**

Faecal pollution is one of the major concerns in relation to water resources used for drinking, recreational activities, and seafood harvesting. This is due to potential exposure to a wide array of pathogenic bacteria, protozoa, and viruses (Hörman *et al.* 2004; Fong *et al.* 2005). Sources such as agricultural inputs, wild animals, combined sewer overflows, sewage treatment plants, malfunctioning septic systems, and industrial wastewater outlets are known to be potential sources of faecal pollution in environmental waters (Aslan-Yilmaz *et al.* 2004; Ahmed *et al.* 2010; Sidhu *et al.* 2012). The identification of the source(s) of faecal pollution in environmental waters is a critically important step in efforts to minimize public health risks. Human faecal pollution via sewage or septage poses the greater health risk due to exposure to a wide array of relevant pathogens from human sources.

Faecal indicator bacteria (FIB) such as *Escherichia coli* and enterococci have been commonly used to monitor the microbiological quality of water resources. These groups of bacteria are found in the gastrointestinal tracts of warm-blooded animals including humans. One major limitation of using FIB is that they provide limited information on the sources of faecal pollution. In addition, FIB can be present in the environment in the absence of faecal pollution, and sometimes regrowth is possible under suitable conditions (Desmarais *et al.* 2002; Power *et al.* 2005). Library independent microbial source tracking (MST) methods have been successfully used to detect human and animal faecal pollution in environmental waters using polymerase chain reaction (PCR) assays targeting sewage or animal wastewater specific molecular markers (Ufnar *et al.* 2006; McQuaig *et al.* 2009; Ahmed *et al.* 2012).

Ideally, a MST marker should have certain characteristics such as: (i) it should be specific to only a target host group, (ii) it should be present in all members within a host group, (iii) it should exhibit temporal and geographical stability, and (iv) the inactivation rate should be similar to those of FIB or pathogens (Stoeckel *et al.* 2007). None of the MST markers, however, poses all these desirable characteristics and, as such it has been recommended that a “Toolbox” approach (providing multiple lines of evidence) should be used for greater accuracy in the identification of pollution sources in environmental waters (Stricker *et al.* 2008; Tambalo *et al.* 2012).

We have used a “Toolbox” approach to identify sewage pollution in stormwater and reservoir waters in Southeast Queensland, Australia (Ahmed *et al.* 2012; Sidhu *et al.* 2012). Although the sewage markers were frequently detected in environmental water samples, little is known regarding their inactivation times in relation to each other and with FIB. Such information is important in order to further assess the suitability of the markers as sewage trackers and associated human health risks. The objective of this study was to investigate the relative inactivation of sewage associated markers, namely *Bacteroides* HF183 and human adenoviruses (HAVs) with culturable *E. coli* and enterococci in freshwater and seawater microcosms spiked with raw sewage.

## **Results and Discussion**

### **Climatic conditions**

The inactivation experiments of FIB and sewage markers were undertaken in July-August 2013 (winter season). The average atmospheric temperature, evaporation, relative humidity and wind speed ranged from 6.40 to 26.5°C (average  $16.7 \pm 7.06^\circ\text{C}$ ), 2.20 to 9.20 mm (average  $3.92 \pm 1.85$  mm), 46.0 to 86.0% (average  $61.7 \pm 11.7\%$ ), 17.0 to 46.0 km h<sup>-1</sup> (average  $23.9 \pm 7.98$  km h<sup>-1</sup>), respectively. No precipitation occurred during the inactivation experiment. The daily natural solar exposure ranged from 9.7 to 20.8 MJ m<sup>-2</sup> (average  $17.9 \pm 3.31$

MJ m<sup>-2</sup>). The water temperature in the microcosms (measured by data logger) ranged from 14.2 ± 0.58°C to 17.7 ± 4.28°C (average 15.8°C ± 1.2°C). The temperature ranged observed in the current study corresponded with the temperature of environmental waters (17.5°C ± 0.69°C) during the winter season in the region (Toze *et al.* 2012).

#### ***T*<sub>90</sub> inactivation of FIB and MST markers in freshwater microcosms**

The *T*<sub>90</sub> inactivation times of FIB and sewage markers (HF183 and HAVs) were evaluated in freshwater microcosms spiked with sewage (Fig. 1). The numbers of FIB and sewage markers were measured with culture-based methods and qPCR assays, respectively. The average *T*<sub>90</sub> inactivation time of *E. coli* and enterococci were 2.2 and 1.9 days, respectively (Table 1). Solecki *et al.* (2011) investigated the *T*<sub>90</sub> inactivation times of FIB in freshwater microcosms spiked with pig manure. The *T*<sub>90</sub> inactivation time of enterococci they determined was similar to this study. However, the *T*<sub>90</sub> inactivation time of *E. coli* (*T*<sub>90</sub> = 5.4 days) was higher compared to this study (*T*<sub>90</sub> = 2.2 days). Such discrepancy could be attributed to the fact that the microcosms in our study were exposed to diurnal solar insolation compared to Solecki and colleagues who incubated their experimental microcosms in the dark. In addition, climatic conditions such as temperature and solar exposure may have accelerated a faster inactivation time of *E. coli* in the current study.

The average *T*<sub>90</sub> inactivation time of the HF183 was 3.5 days in freshwater microcosms under our experimental conditions which was similar to the *T*<sub>90</sub> value (< 4 days) reported in previous studies in Southern Saskatchewan, Canada and Ohio, USA (Dick *et al.* 2010; Tambalo *et al.* 2012). The average *T*<sub>90</sub> inactivation time of the HAVs was 13 days which was relatively slower than a previous study where HAVs persisted up to 5 days (also determined using qPCR) in freshwater microcosms under sunlight and dark conditions at 22°C (Bae *et al.* 2011). The difference in results could be attributed to the fact that in our study, the temperature of the microcosms was around 5°C lower than the study undertaken by Bae and colleagues (Bae *et al.* 2011).

The *T*<sub>90</sub> inactivation time of the HAVs observed in the current study was similar to the *T*<sub>90</sub> inactivation time (< 18 days) of the HAVs assessed in diffusion chambers in a reservoir in the region (Toze *et al.* 2012). Caution should be exercised when comparing the results of *T*<sub>90</sub> inactivation times of the FIB and sewage markers among studies undertaken in various geographical regions because inactivation times can be influenced by factors such as predation, higher temperature and sunlight, types of seeding materials, variation in assays, and statistical analysis (Sinton *et al.* 2002; Noble *et al.* 2004; Walters *et al.* 2009; Dick *et al.* 2010; Green *et al.* 2011; Schulz *et al.* 2011; Sokolova *et al.* 2012). All these factors could attribute the differences in inactivation times and thus making direct comparison difficult.

The  $T_{90}$  inactivation time of the HAVs was significantly higher than both FIB and the HF183 marker under our experimental conditions (Table 2). Although, the HF183 had slightly higher  $T_{90}$  inactivation time compared to both FIB. These results were not statistically significant. Caution should be exercised when comparing the results of  $T_{90}$  inactivation times of the FIB (determined using culture-based methods) with sewage markers (determined using qPCR based assays) because two different approaches were used to measure the numbers of target organisms in the microcosm. Further research is needed to compare the inactivation times of FIB and sewage markers with qPCR based assays.

#### **$T_{90}$ inactivation of FIB and MST markers in seawater microcosms**

The  $T_{90}$  inactivation times of FIB and sewage markers were also evaluated in seawater microcosms spiked with sewage (Fig. 2). The average  $T_{90}$  inactivation time of *E. coli* and enterococci were 1.7 and 1.9 days, respectively. A previous study also reported the rapid inactivation of FIB (*E. coli*  $T_{90}$  = 1.7 days and enterococci  $T_{90}$  = 3.6 days) in seawater microcosms, which is comparable to the results obtained in this study (Jeanneau *et al.* 2012). The  $T_{90}$  inactivation time of HF183 in the seawater microcosm was 2.7 days. Similar results were reported in sewage spiked seawater microcosms exposed to sunlight (Walters *et al.* 2009; Jeanneau *et al.* 2012). This could be due to the fact that the HF183 is more sensitive to salinity. The negative effect of salinity on the persistence of *Bacteroides* 16S rRNA genetic marker in seawater has been reported (Okabe and Shimazu 2007; Schulz *et al.* 2011). The average  $T_{90}$  inactivation time of HAVs was 9.4 days. Similar to freshwater microcosms, the  $T_{90}$  inactivation time of HAVs in seawater microcosms was significantly higher than both FIB and the HF183 marker under our experimental conditions (Table 2). Although, the HF183 had slightly higher  $T_{90}$  inactivation time compared to both FIB. The results were similar to the results obtained in the freshwater microcosms and were not statistically significantly (Table 2).

Comparison of the  $T_{90}$  inactivation times of FIB and sewage markers (HF183 and HAVs) between the freshwater and seawater microcosms found that the  $T_{90}$  inactivation times of FIB and sewage markers were slightly higher in the freshwater microcosms compared to those in the seawater microcosms. It is possible that freshwater microcosms had more active predators compared to seawater microcosms which had influence on the survival of FIB and sewage markers. However, no statistical significance was observed between freshwater and seawater microcosms (Table 2). This data suggests that the types of water did not have a major influence on the persistence of FIB and sewage markers under our experimental conditions.

Nonetheless, the inactivation time of the HF183 marker in relation to *E. coli* and enterococci in both freshwater and seawater microcosms suggest that this marker may be suitable for the identification of recent

sewage pollution in freshwater and seawater. In this study, the numbers of the HF183 marker at day 0 were 3-4 orders of magnitude higher than the HAVs in both freshwater and seawater microcosms, which may provide increased sensitivity for detecting the HF183 marker in environmental waters over HAVs. It has to be noted that the sole presence of the HF183 markers in environmental water samples may not indicate the presence of sewage pollution since several studies reported the presence of the HF183 marker in small numbers of non-target animal faecal samples in certain geographical areas (Gawler *et al.* 2007; Gourmelon *et al.* 2007; McQuaig *et al.* 2009; Ahmed *et al.* 2013). One of the most important features of enteric viruses is that their presence (1-10 infectious units) indicate health risk (CDC 2002)

In conclusion, the results reported here provide important information about the relative potential persistence of FIB and sewage markers in freshwater and seawater. The shorter persistence of the HF183 marker in our experimental conditions relative to FIB suggests the suitability of the HF183 marker to identify and quantify recent sewage pollution in environmental waters. The HAVs persisted longer than FIB and the HF183 marker suggesting FIB and bacterial marker may not be sufficient enough to identify potential health risks posed by enteric viruses since some of these viruses can remain infective for lengthy periods. Based on our results, we suggest a bacterial marker and as well as a viral marker should be used in a tandem fashion for the accurate assessment of the source specific faecal pollution and associated human health risks.

## Materials and methods

### Microcosms

Microcosm (six 20 L rectangular polyethylene containers) experiments were conducted at the outdoor facility at Ecosciences Precinct, Dutton Park, Southeast Queensland, Australia. For the inactivation experiment, a freshwater (pH = 8.0, electrical conductivity = 507  $\mu\text{S}$ ) sample was collected from a drinking water reservoir located at Montville, Sunshine Coast. A seawater sample (pH = 7.6, electrical conductivity = 55,000  $\mu\text{S}$ ) was collected from the Caloundra Beach, Sunshine Coast, Australia. A raw sewage sample was collected from the inlet of a sewage treatment plant. The water and sewage samples were collected in sterile 20 L polypropylene carboys, transported to the laboratory, and kept at 4°C in the dark until used. The numbers of FIB and sewage marker in the sewage sample were  $1.4 \times 10^6$  CFU 100 ml<sup>-1</sup> (*E. coli*),  $3.1 \times 10^6$  100 ml<sup>-1</sup> (enterococci),  $5.4 \times 10^8$  GU 100 ml<sup>-1</sup> (HF183) and  $8.2 \times 10^6$  GU 100 ml<sup>-1</sup> (HAVs), respectively.

Three containers were filled with freshwater and the remaining three containers were filled with seawater. Both types of water were not filtered or autoclaved to allow the inactivation of FIB and sewage markers to occur

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in the presence of background autochthonous microorganisms. To maintain the water temperature similar to the environmental water, all containers were kept in a large plastic container filled with 1,200 l of water.

Continuous water flow in the large plastic container was achieved by a submerged pump. Each microcosm was spiked with 2 l of raw sewage (1:4 dilution). An airstone was placed in each microcosm, and air was pumped continuously for the duration of the experiment to maintain aerobic conditions. The microcosms were exposed to diurnal cycles of natural levels of solar insolation. Evaporation was allowed to occur over the course of the experiment and the volume of water lost was noted by observing the reduction of water level in each microcosm on each sampling day. The numbers of FIB and sewage markers in the microcosms were corrected for evaporation by adding freshwater and seawater in respective microcosms. Variables such as volume of water, water temperature, mixing, the quantity of sewage inoculums and ambient climatic conditions were similar for all microcosms. The type (Freshwater vs. seawater) of water was the only variable. Freshwater and seawater microcosms not spiked with sewage were used as controls.

Three replicate samples (40 ml) were collected from each microcosm on days 0, 3, 5, 7, 10 and 14. The numbers of FIB and sewage markers were determined at each sampling day. Data loggers (HOBO devices; Onset Computer Corporation, Pocasset, Mass.) were placed in each freshwater and seawater microcosm to record the water temperature for the duration of the experiment.

### **Isolation and enumeration of FIB**

The spread plate method was used for the isolation and enumeration of FIB from the microcosms. In brief, appropriate serial dilutions were made for each replicate sample and 100  $\mu$ l of each serially diluted sample was spread on Chromocult™ coliform agar (Merck, Darmstadt, Germany) and Chromocult™ enterococci agar (Merck) plates for the isolation of *E. coli* and enterococci, respectively. Agar plates were incubated overnight at 37°C for 24 and 48 h. Plates with 2-200 colony forming units (CFU) were enumerated.

### **Concentration of water samples and DNA extraction**

Water sample from each microcosm was concentrated with Amicon® Ultra centrifugal filters (Ultracel - 50K) (Millipore, Billerica, MA). 40 ml of sample was passed through Amicon® columns by centrifuging at 3,000 *g* for 10 min to obtain a final volume of 200  $\mu$ l concentrated sample. For qPCR analysis of HF183 and HAVs, DNA sample was extracted from each 200  $\mu$ l of concentrated sample using a DNeasy Blood and Tissue Kit (Qiagen, Valencia, CA). Extracted DNA samples were resuspended in 200  $\mu$ l AE buffer and stored at -80°C



until use. The concentration of all extracted DNA samples was quantified using a Nanodrop spectrophotometer (ND-1000, NanoDrop Technology, Wilmington, DE).

#### **qPCR assays**

Standards for qPCR assays were prepared from the plasmid DNA of HF183 and HAVs as described elsewhere (Ahmed *et al.* 2010; Sidhu *et al.* 2013). The numbers of gene copies were calculated, and ten-fold serial dilution ranging from  $10^6$  to  $10^0$  copies  $\mu\text{l}^{-1}$  of DNA extract was prepared, and stored at  $-20^\circ\text{C}$ .

For sewage markers, previously published primers, probes, and cycling parameters were used (Heim *et al.* 2003; Seurinck *et al.* 2005). qPCR of HF183 and HAVs were performed in 20- $\mu\text{l}$  reaction mixtures using Sso Fast™ EvaGreen® Supermix (Bio-Rad Laboratories, CA, USA). The qPCR mixture contained 10  $\mu\text{l}$  of Supermix, 300 nmol  $\text{l}^{-1}$  each primer (for HF183), 100 nmol  $\text{l}^{-1}$  of each primer (for HAVs) DNase- and RNase-free deionized water, and 3  $\mu\text{l}$  of template DNA. For each PCR experiment, a negative control (sterile water) was included. Each qPCR reaction was run in triplicates. The qPCR assays were performed using the Bio-Rad iQ5 thermal cycler (Bio-Rad Laboratories, Richmond, California, USA).

#### **Climatic data**

Ambient temperature, rainfall, evaporation, relative humidity, wind speed and solar exposure data were collected from the Australian Bureau of Meteorology (BOM) web site during each of the inactivation experiments. Temperature data loggers (HOBO devices; Onset Computer Corporation, Pocasset, Mass.) were placed in each microcosm to record the temperature at 1 h intervals for the duration of the experiment.

#### **$T_{90}$ inactivation calculations and statistical analysis**

For each FIB and sewage marker, all determined numbers in each replicate at each sampling day were normalized to  $\log_{10}$  values and plotted over time. One  $\log_{10}$  inactivation time ( $T_{90}$ ) in days for each FIB and sewage marker was determined from each plot using the following equation (Gordon and Toze 2003).

$$T_{90} = -t / (\log_{10} C_t / C_0)$$

Where  $C_0$  is the number (CFU or GU  $100 \text{ ml}^{-1}$ ) at day 0,  $C_t$  is the final number (CFU or GU  $100 \text{ ml}^{-1}$ ) at day  $t$ . The average  $T_{90}$  was calculated from the replicates of each FIB and sewage marker. Only data points above the assay limit of detection were used in the  $T_{90}$  calculations. An analysis of variance (ANOVA) was performed on the  $T_{90}$  inactivation times of FIB and sewage markers within and between the freshwater and seawater microcosms. The critical P-value for the test was set at 0.05.

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## Conflict of Interest

No conflict of interest declared.

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**Table 1** Average  $T_{90}$  decay times of faecal indicator bacteria (FIB) and sewage markers in freshwater and seawater microcosms

Faecal indicators/sewage markers	Freshwater microcosms			Seawater microcosms		
	Inactivation rate (-k) ± SD	$T_{90}$ (days) ± SD	$R^2$ ± SD	Inactivation rate (-k) ± SD	$T_{90}$ (days) ± SD	$R^2$ ± SD
<i>E. coli</i>	-0.45 ± 0.01	2.2 ± 0.05	0.93 ± 0.03	-0.58 ± 0.02	1.7 ± 0.05	0.94 ± 0.02
Enterococci	-0.53 ± 0.01	1.9 ± 0.04	0.97 ± 0.02	-0.53 ± 0.01	1.9 ± 0.02	0.97 ± 0.02
HF183	-0.29 ± 0.02	3.5 ± 0.19	0.88 ± 0.07	-0.37 ± 0.06	2.7 ± 0.40	0.98 ± 0.01
HAVs	-0.08 ± 0.03	13 ± 3.84	0.78 ± 0.03	-0.11 ± 0.04	9.4 ± 2.93	0.83 ± 0.03

*k*: Inactivation rate per day

$T_{90}$ : The number of days needed to produce 90% inactivation

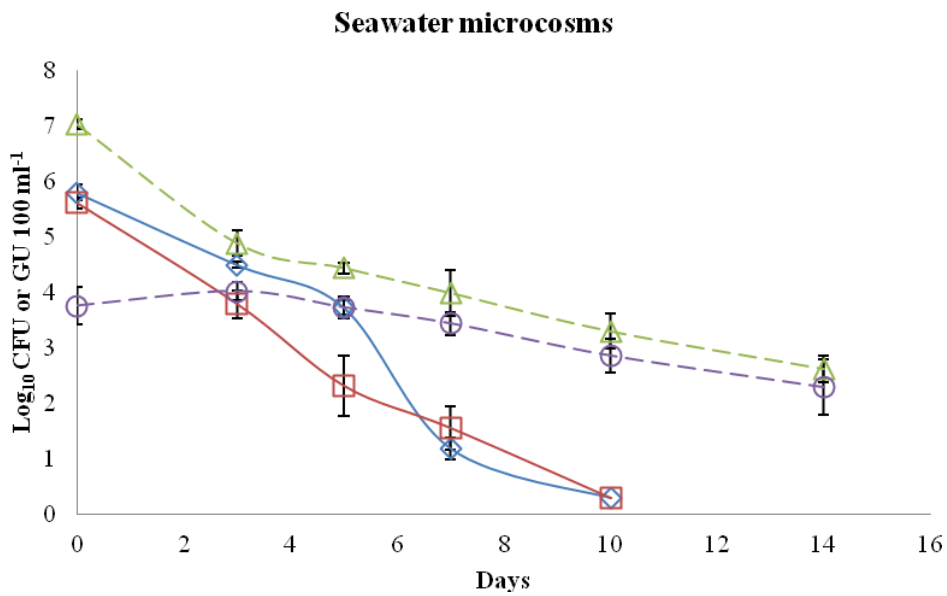
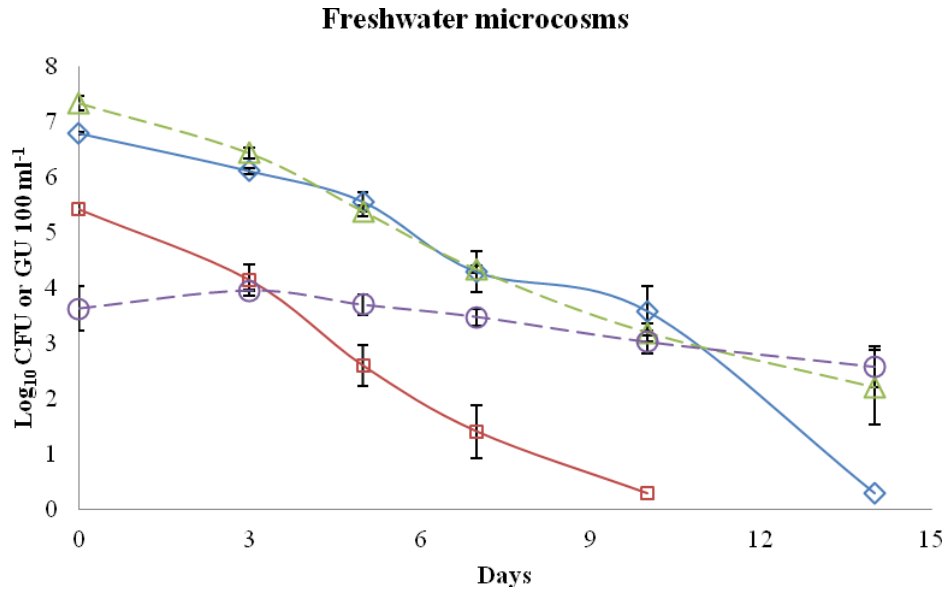
$R^2$ : Coefficients of determination

SD: Standard deviation

**Table 2** ANOVA results on the  $T_{90}$  inactivation times of faecal indicator bacteria (FIB) and sewage markers in freshwater and seawater microcosms

Faecal indicators/sewage markers	<i>E. coli</i> freshwater	<i>E. coli</i> seawater	Enterococci freshwater	Enterococci seawater	HF183 freshwater	HF183 seawater	HAVs freshwater
<i>E. coli</i> seawater	<i>P</i> > 0.05						
Enterococci freshwater	<i>P</i> > 0.05	<i>P</i> > 0.05					
Enterococci seawater	<i>P</i> > 0.05	<i>P</i> > 0.05	<i>P</i> > 0.05				
HF183 freshwater	<i>P</i> > 0.05	<i>P</i> > 0.05	<i>P</i> > 0.05	<i>P</i> > 0.05			
HF183 seawater	<i>P</i> > 0.05	<i>P</i> > 0.05	<i>P</i> > 0.05	<i>P</i> > 0.05	<i>P</i> > 0.05		
HAVs freshwater	<b><i>P</i> &lt; 0.001</b>	<b><i>P</i> &lt; 0.001</b>	<b><i>P</i> &lt; 0.001</b>	<b><i>P</i> &lt; 0.001</b>	<b><i>P</i> &lt; 0.001</b>	<b><i>P</i> &lt; 0.001</b>	
HAVs seawater	<b><i>P</i> &lt; 0.01</b>	<b><i>P</i> &lt; 0.001</b>	<b><i>P</i> &lt; 0.01</b>	<b><i>P</i> &lt; 0.01</b>	<b><i>P</i> &lt; 0.01</b>	<b><i>P</i> &lt; 0.05</b>	<i>P</i> > 0.05

Bold faced values significantly differed from each other



**Figure 1** Inactivation curves of *Escherichia coli* ( $\diamond$ ), enterococci ( $\square$ ), HF183 ( $\Delta$ ), HAVs ( $\circ$ ) in freshwater microcosms. In some cases, the error bars were too small to illustrate.

**Figure 2** Inactivation curves of *Escherichia coli* ( $\diamond$ ), enterococci ( $\square$ ), HF183 ( $\Delta$ ), HAVs ( $\circ$ ) in seawater microcosms. In some cases, the error bars were too small to illustrate.

**Supplementary Figure 1.** Natural solar exposure and average temperature of the microcosms during the inactivation experiments (obtained from BOM).

**Supplementary Table 1.** Average ( $\pm$  SD) climatic parameters during the freshwater and seawater microcosms inactivation experiments