

Progesterone Activates Multiple Innate Immune Pathways in Chlamydia trachomatis-Infected Endocervical Cells

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1 **Progesterone activates multiple innate immune pathways in *Chlamydia trachomatis*-**
2 **infected endocervical cells**

3

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19 **Abstract:**

20 **Problem:** Susceptibility to *Chlamydia trachomatis* infection is increased by oral
21 contraceptives and modulated by sex hormones. We therefore sought to determine the
22 effects of female sex hormones on the innate immune response to *C. trachomatis* infection.
23

24 **Method of study:** ECC-1 endometrial cells, pre-treated with estradiol or progesterone,
25 were infected with *C. trachomatis* and the host transcriptome analysed by Illumina Sentrix
26 HumanRef-8 microarray. Primary endocervical epithelial cells, prepared at either the
27 proliferative or secretory phase of the menstrual cycle, were infected with *C. trachomatis*
28 and cytokine gene expression determined by quantitative RT-PCR analysis.
29

30 **Results:** *C. trachomatis* yield from progesterone-primed ECC-1 cells was significantly
31 reduced compared to estradiol-treated cells. Genes up-regulated in progesterone treated
32 and *Chlamydia*-infected cells only included multiple CC and CXC chemokines, IL-17C, IL-29,
33 IL-32, TNF α , DEFB4B, LCN2, S100A7-9, ITGAM, NOD2, JAK1, IL-6ST, type I and II interferon
34 receptors, numerous interferon-stimulated genes and STAT6. CXCL10, CXCL11, CX₃CL1 and
35 IL-17C were also up-regulated in infected secretory stage primary cells and there was a
36 trend towards higher levels of immune mediators in infected secretory phase compared to
37 proliferative phase cells.
38

39 **Conclusions:** Progesterone treatment primes multiple innate immune pathways in
40 hormone-responsive epithelial cells that could potentially increase resistance to
41 chlamydial infection.
42

43
44 **Key Words:** *Chlamydia*, progesterone, innate immunity, gene array
45

46 **Introduction:**

47 *Chlamydia trachomatis* is an obligate, intracellular bacterial pathogen that causes
48 salpingitis, pelvic inflammatory disease, ectopic pregnancies and infertility as well as
49 blinding trachoma. The initial target cells of *C. trachomatis* genital serovars are the
50 epithelial cells of the endocervix in women and the penile urethra in men. Both *in vivo* and
51 *in vitro* studies have shown that the female sex hormones estradiol and progesterone affect
52 susceptibility to infection. For example, oral contraceptive use increases the risk of
53 contracting chlamydial infections ¹. Estradiol treatment of HeLa cells enhances both
54 chlamydial adherence to cells and the development of chlamydial inclusions whilst
55 progesterone, in combination with estradiol reduced chlamydial adherence ². Using
56 porcine primary genital tract epithelial cells, Wyrick et al. ³ showed that cells isolated at the
57 estrogen-dominant phase of the cycle were more susceptible to infection with *C. suis* than
58 cells isolated from the progesterone dominant stage of cycle. In the mouse model of *C.*
59 *muridarum* infection, pre-treatment with progesterone is required to achieve infection of
60 100% of animals. Conversely, guinea pigs are more susceptible to infection after priming
61 with estradiol. Within the female reproductive tract (FRT) the need to protect against
62 sexually transmitted pathogens must be balanced against the need to sustain the
63 development of an allogeneic fetus. Because of this unique requirement many aspects of
64 both innate and adaptive immunity in the FRT are regulated by changes in female sex
65 hormones. These include the expression of chemokine receptors (CXCR4 and CCR5),
66 production of inflammatory cytokines and chemokines (IL-6 and CXCL8/IL-8) and
67 antimicrobial peptides such as SLPI, HBD2 and lactoferrin ⁴. Neutrophil and monocyte
68 numbers also fluctuate throughout the reproductive cycle ⁵ as do the IgG and IgA levels in
69 reproductive tract secretions ⁴, the numbers of CD8 cells, B lymphocytes and monocytes in
70 endometrial lymphoid aggregates ⁶, endometrial NK cell numbers ⁷ and CTL activity of CD8
71 cells isolated from hysterectomy tissues ⁸. Less information is available however on how
72 female sex hormones affect the innate immune response of FRT epithelial cells, the initial
73 cell type targeted by *Chlamydia*. Furthermore, changes in these sex hormones control all
74 aspects of tissue remodelling in preparation for possible fertilization and implantation.
75 Because the effects of the female reproductive hormones are profound, often modulating
76 global gene expression, we have used a gene array approach to investigate how sex
77 hormone treatment of hormone-responsive ECC-1 cells affects the early (12 hours) and late
78 (24 hours) innate immune response to chlamydial infection. Primary endocervical cells

79 were also isolated from hysterectomy tissues collected at either the secretory or
80 proliferative stage of the menstrual cycle and infected with *C. trachomatis*. Based on
81 changes in gene expression patterns seen in hormone pre-treated and infected ECC-1 cells
82 the expression of selected innate immune response genes was assayed in infected primary
83 epithelial cells using quantitative RT-PCR. Data from both the cell line and primary cell
84 studies show that progesterone activates multiple innate immune pathways that could
85 reduce susceptibility to chlamydial infection.

86

87 **Materials and Methods:**

88 This study was approved by the Human Research Ethics Committee of the University of
89 Newcastle and Hunter-New England Health. Written informed consent was obtained from
90 all study participants

91 **Cell culture and chlamydial infection**

92 The ECC-1 cell line derived from the human uterine endometrial functional zone⁹ was a
93 gift from Dr John Fahey, Department of Physiology, Dartmouth College. ECC-1 cells were
94 cultured in 24-well plates (Nunc) on 10mm diameter coverslips to 80% confluence, before
95 the addition of 17 β -estradiol (200 pg/mL), progesterone (20 ng/mL) (both Sigma-
96 Aldrich) or a combination of both hormones, in phenol red and antibiotic-free DMEM/F12
97 medium supplemented with 10% charcoal/dextran-treated FBS (Invitrogen), for 24 hrs.
98 The confluent cells ($\sim 5 \times 10^5$ cells) were infected with 5×10^5 I.F.U. of *C. trachomatis* serovar
99 D (multiplicity of infection [MOI] =1). Plates were centrifuged at 400 $\times g$ for 45 min at RT, to
100 facilitate infection. After 4 hours cells were washed 3X to remove surface-adherent
101 *Chlamydia* and then incubated for 12 or 24 hrs at 37°C/5% CO₂.

102 **Isolation of primary human endocervical epithelial cells.**

103 Endocervical tissues were obtained from women undergoing hysterectomy, with an age
104 range of 31-55 years (average age 42.2 years). The stage of the menstrual cycle was
105 determined by a pathologist. Tissues were collected from women undergoing
106 hysterectomy for fibroids, dysmenorrhea and prolapse but not from women with known
107 cancer or a history of abnormal cervical cells. Epithelial cells were isolated as described by
108 Wira et al.¹⁰. Briefly, the epithelium was separated from underlying stromal tissues by
109 scraping the luminal surface with a scalpel. Epithelial tissues were then minced under
110 sterile conditions into 1-2 mm fragments and digested for 2 hours with an enzyme solution
111 containing pancreatin (3.4 mg/ml, Invitrogen), hyaluronidase (0.1 mg/ml, Sigma-Aldrich)
112 and collagenase (1.6 mg/ml, Sigma-Aldrich) in HBSS supplemented with 2 mg/ml D-
113 glucose. Cells were then dispersed through a 250 μm mesh screen, washed and suspended
114 in phenol red-free DMEM/F12 medium containing 10% charcoal/dextran-stripped FCS
115 (Invitrogen) 20 mM HEPES, 50 U/ml (Invitrogen), Primocin (InvivoGen) and 2 mM L-
116 glutamine (Invitrogen, Complete medium). Epithelial sheets were separated from stromal
117 cells by filtration through a 40 μm mesh, washed by centrifugation and resuspended in

118 complete medium. Epithelial sheets were aliquoted to 24 well plates pre-coated with
119 Human Extracellular Matrix (BD Biosciences) and cultured in complete medium until
120 confluent (usually 5-7 days). Cells were then rinsed twice with complete medium without
121 Primocin and infected with *C. trachomatis* serovar D or L2 (5×10^6 IFU) by centrifugation
122 (Beckman J-6M/E centrifuge, 1000 rpm for 45 min at 22°C) and then cultured for a further
123 24 hours. RNA was then prepared by Trizol extraction (Sigma-Aldrich).

124

125 ***Sample preparation for Microarray analysis***

126 At 12 and 24 hours post-infection DNA and mRNA were isolated from triplicate wells of
127 hormone-treated and control ECC-1 cells using the Trizol extraction method according to
128 the manufacturer's instructions. The resultant RNA was resuspended in 10 μ L ddH₂O and
129 mRNA purified using the Pure-link RNA extraction kit (Invitrogen), according to the
130 manufacturer's instructions. Separately, the DNA component from the Trizol separation
131 was purified following the manufacturer's instruction. The final eluate for all reactions was
132 collected in a 40 μ L volume and quantified using a NanoDrop spectrophotometer (Thermo
133 Scientific) before being used for microarray or RT-PCR analysis.

134

135 ***Illumina Microarray hybridisation and analysis***

136 Total RNA was extracted using the RNeasy Mini Kit (Qiagen) and quantified using the
137 Quant-iT RiboGreen RNA Quantitation Assay Kit (Invitrogen), with the fluorescence
138 measured on the FLUOstar Optima (BMG LABTECH) at 485 nm for excitation and 520 nm
139 for emission. A total of 500 ng RNA was reverse transcribed into cRNA and labelled with
140 biotin-uridine triphosphate using the Illumina TotalPrep RNA Amplification Kit (Applied
141 Biosystems). A total of 850 ng cRNA was hybridised to Illumina Sentrix HumanRef-8 v1.1
142 Expression BeadChips (Illumina) using standard protocols. Each BeadChip measured the
143 expression of 24,354 genes and was scanned using the Illumina Bead Station and captured
144 using BeadScan 3.5.11 (Illumina). For whole-genome gene analysis, data were initially
145 cubic spline normalised using BeadStudio 2.0 software (Illumina), and each individual gene
146 was normalised to the median using GeneSpring GX 11.0, resulting in two-way
147 normalisation.

148 Genes were judged to be differentially regulated only when: (1) the gene was present in all
149 (triplicate) samples studied, (2) the difference in expression was >1.5-fold, and (3) the
150 extent of difference in expression was significant ($p < 0.05$ in Wilcoxon–Mann–Whitney test).
151 The microarray data can be accessed via the Gene Expression Omnibus (GEO) database
152 (GSE31149) and is compliant with MIAME guidelines.

153

154 ***First-strand synthesis of *C.trachomatis* D-infected ECC-1 mRNA***

155 First-strand cDNA synthesis from the 24 hours timepoint was performed with the
156 Superscript III first-strand synthesis kit (Invitrogen) following the manufacturer's
157 instructions. 0.5 mL of each RNA extract was used with oligo-dT to generate host-specific
158 cDNA for comparative analysis.

159

160 ***Quantitative real-time reverse transcriptase PCR analysis***

161 Quantitative reverse transcriptase polymerase chain reaction (qRT-PCR) was used to
162 confirm the accuracy and expression trends of the microarray data from infected ECC-1
163 cells and to determine cytokine transcript levels in *C.trachomatis*-infected primary
164 epithelial cells using intron-spanning, gene-specific primers. The primers used in the
165 validation of the microarray data were designed using the software Oligo (Molecular
166 Biology Insights) and confirmed online using NCBI's Primer-BLAST tool

167 (<http://www.ncbi.nlm.nih.gov/tools/primer-blast/>). Primer sequences are provided in

168 **Error! Reference source not found.Table 1**. Individual PCR reactions, containing 5 μ L of
169 the Platinum SYBR super-mix (Invitrogen), 1 μ M of each forward and reverse primers
170 (Sigma Aldrich) and 1 μ L of template in a final reaction volume of 10 μ L were used.

171 The transcript levels from infected primary endocervical cells were measured using the
172 Taqman Gene Expression Assay (Applied Biosystems) following the manufacturer's
173 protocols. Details of the Taqman gene expression assay used are summarised in **Error!**
174 **Reference source not found.Table 1**. QRT-PCR data was collected on the Rotorgene Q
175 (Qiagen) version 1.7.94. A standard curve for each gene was constructed using genomic
176 DNA extracted from the ECC-1 cell line, amplified via conventional PCR and purified via

177 Pure-link PCR columns (Invitrogen). A 100-fold dilution series was constructed with
178 concentrations ranging from 10^8 to 10^2 copies/mL.

179 A standardised protocol of an initial incubation at 95°C for 10 min, followed by a
180 touchdown protocol of 94°C for 45 sec, 70°C-60°C for 15 sec decreasing by 1°C each cycle,
181 and 72°C for 20 sec for a total of 10 cycles, followed with 30 cycles of 94°C for 45 sec, 60°C
182 for 15 sec and 72°C for 20 sec was used. Real-time data acquisition for fluorescence was
183 taken upon completion of the extension step. Melt curve analysis was performed between
184 75°C and 95°C at a 1°C intervals, holding for 5 seconds at each interval to confirm the
185 extension of the correct homogenous product. All samples (cDNA and gDNA) were
186 amplified in triplicates, and then compared to freshly diluted standard curves (amplified in
187 duplicates). Interrogation of each gene product was performed within the same run to
188 eliminate inter-run variability. Quantitation of chlamydial genomic DNA and cDNA of the
189 transcripts was performed using *Chlamydia* specific primers for the chlamydial 16SrRNA
190 ORF. Amplification involved an initial denaturation step at 94°C for 10 min, then 40 cycles
191 at 94°C for 30 sec, 50°C for 15 sec then extension at 72°C for 30 sec followed by data
192 acquisition at the end of the extension.

193 ***Ingenuity Pathway Analysis of up-regulated interferon regulated genes***

194 Ingenuity Pathway Analysis software (version 8.5) was used to examine the degree of
195 global up-regulation mediated by each of the hormone \pm infection conditions. Linkages and
196 associations were made with genes that are up-regulated under progesterone only
197 treatment, and dual hormonal effect. A system default parameter was used in all analysis,
198 to link conical pathways with up-regulated genes, and neighbourhood linkage, unless
199 otherwise stated. The status of each hormone-mediated up-regulated gene from the
200 different treatments was tallied against the Interferome database (<http://interferome.org/>)
201 to establish whether its regulation is affected by the presence of interferon-gamma (IFN γ)
202 in previously published literature.

203

204 **Results:**

205 ***Effect of sex hormone supplementation on C. trachomatis infection of ECC-1 cells.***

206 To determine if sex hormones affected chlamydial infection of ECC-1 cells we measured
207 total chlamydial genomic DNA at 24 hrs post-infection (p.i.) by qPCR, targeting the
208 chlamydial 16S ribosomal RNA (16S rRNA). The number of chlamydial genomes was
209 calculated from the geometric mean of 16S rRNA triplicates of each hormone treatment.
210 After accounting for the fact that *C. trachomatis* has two copies of the 16S rRNA gene, the
211 number of *Chlamydia* in progesterone-treated ECC-1 cells was found to be significantly
212 lower than in the other hormone treatments, as well as the no hormone condition. Analysis
213 using one-way ANOVA indicates a statistically significant reduction in *Chlamydia* between
214 progesterone-only exposure and dual hormone exposure ($p < 0.008$), and between the
215 progesterone and no hormone treatment ($p < 0.013$, Figure 1). No significant difference
216 between estradiol treatment and progesterone treatment ($p < 0.081$) was found, probably
217 due to the high variance within the estradiol-treated triplicates. In progesterone-treated
218 ECC-1 cells, *C. trachomatis* copy number was almost 10-fold lower than cells treated with
219 both hormones together (Figure 1) indicating that the suppressive effect of progesterone
220 on chlamydial infection is negated by estradiol.

221

222 ***Global gene expression profiling under different hormone treatments.***

223 We then compiled global gene expression profiles for ECC-1 cells treated with hormones
224 alone, or pre-treated with hormones prior to chlamydial infection, at both 12 and 24 hrs,
225 after normalising against similarly treated no hormone and no infection controls. This is
226 summarised in Figure 2. From a total of 22184 genes on the microarray, the number of
227 differentially expressed genes that were significantly changes at 12 hrs (Figure 2A) was
228 2552 (315 up, 2237 down; **11.5%** of the genome) for estradiol, 2716 (400 up, 2316 down;
229 **12.24%**) for progesterone, and 2638 (342 up, 2296 down; **11.89%**) for both hormones
230 together. At 24 hrs (Figure 2B), the number of genes that were differentially expressed
231 dropped to 1461 (980 up, 481 down; **6.59%**) for estradiol, 585 (385 up, 200 down; **2.64%**)
232 for progesterone, and 2429 (1500 up, 929 down; **10.95%**) for both hormones. When
233 infected with *Chlamydia*, the number of significant differentially expressed genes at 12 hrs.
234 numbered 1871 (1274 up, 597 down; **8.43%**) for estradiol, 1647 (874 up, 773 down;

235 7.42%) for progesterone, and 2024 (1219 up, 805 down; 9.12%) for both hormones. At 24
236 hrs p.i., the number of genes significantly altered changed to 1658 (1090 up, 568 down;
237 7.47%), 1842 (1489 up, 353 down; 8.30%), and 1381 (831 up, 550 down; 6.23%) for
238 estradiol, progesterone, or both hormones respectively.

239 ***Induction of cytokines, chemokines, and immune-related gene expression in the human***
240 ***ECC-1 cells by progesterone alone.***

241 To establish the potential mechanism(s) that limit chlamydial growth in the presence of
242 progesterone, we focused on the immune response genes encoding innate immunity
243 components, signal transducers and transcriptional modulators. Genes significantly up-
244 regulated by progesterone but not estradiol or a combination of both hormones were
245 identified and categorised either as a positive or negative interferon-gamma-response
246 genes (IRG) using the online Interferome database (<http://interferome.org>) because both
247 type I and type II interferon pathways have been implicated in both clearance of *Chlamydia*
248 and chlamydial inflammation. Table 2 summarises the chemokines, cytokines and immune-
249 related genes that were up-regulated at the 12 and 24 hours in progesterone pre-treated
250 cells plus or minus infection with *C. trachomatis* D

251 .

252 Progesterone-specific up-regulated genes in non-infected cells at 12 and 24 hrs included
253 two chemokines (CXCL13 [2.6-fold] at 12 hrs and CXCL7/PPBP [3.3-fold] at 24 hrs). Three
254 cytokine genes (IL-2 [1.8-fold], IL-19 [1.5-fold] and IL-24 [3.2-fold] were all increased at 12
255 hrs. Four immune-related genes (ITFG1 [6-fold] at 12 hrs and DEFB108B [2.7-fold], IL-
256 20RB [3-fold] and SOCS4 [1.5-fold] at 24 hrs) were also increased in progesterone-treated
257 cells. All genes were classified as IRG-, with the exception of CXCL7/PPBP, according to the
258 interferome database.

259

260 When progesterone pre-treated ECC-1 cells were infected with *C. trachomatis*, the number
261 of up-regulated transcripts was more pronounced. At 12 hrs., there was an elevated
262 production of β defensins (DEFB104A, DEFB129, DEFB137) as well as the α defensin,
263 DEFA4 and transcripts for the receptors for IL-6 and CXCL8/IL-8 (2- and 3-fold,
264 respectively). Consistent with the observed recruitment of leukocytes into *Chlamydia*-
265 infected tissues, transcripts encoding multiple chemokines, both CC and CXC, were
266 significantly increased at 12 and particularly 24 hours. At 12 hours p.i., the expression of

267 CCL4 (recruitment of monocytes, NK cells, and dendritic cells) and CXCL12 (recruitment of
268 neutrophils, monocytes, T- and B-cells) were increased by 2.8 and 2.6-fold respectively.
269 Transcripts encoding matrix metalloproteases (MMP3, MMP7 and MMP25) and peptides of
270 the S100 family (S100A2 at 12 and 24 hours and S100A3/7/8/9 at 24 hours) were also
271 detected. Included among the many functions of S100 family proteins are leukocyte
272 chemoattraction, anti-microbial activity and pro-inflammatory functions ¹¹.

273
274 After prolonged exposure to the pathogen, there was increased transcription of multiple
275 IRG⁺ and IRG⁻ genes. Notable among these were CXCL8/IL-8 [5.8-fold], CCL20 [8-fold],
276 CXCL2 [6.3-fold], CXCL11 [6.3-fold], and CX₃CL1 [7.6-fold]. Three of these chemokines
277 (CCL20, CXCL2 and CXCL11) possess potent antimicrobial activity. Interestingly, transcript
278 products encoding TNF α [4.42-fold], IL-1 β [4.8-fold], IL-6 [4.1-fold], IL-17C [8.1-fold], IL-21
279 [5.3-fold] and IL-23A/p19 [3-fold] were up-regulated in concert. The gene for IL-29, a type
280 3 interferon was up-regulated [2.1-fold] at 12 hours and transcripts encoding the pro-
281 inflammatory cytokine IL-32 were increased [2.6-fold] at 24 hours.

282
283 One of the variant IL-6ST (gp130) genes, a component of the receptor for the IL-6 family of
284 cytokines, was increased by 11-fold along with the gene for its ligand IL-6. Transcript
285 products associated with signal transduction and transcriptional modulators were found to
286 be up-regulated as well: with JAK1 [6.2-fold], STAT5A [3.8-fold], NOD2 [2.81-fold], STAT6
287 [2.3-fold], SOCS1 [4-fold] and SOCS4 [1.6-fold] being the most prominent. Increased
288 expression of some cytokine receptors were also detected, with IFNAR1 [2.3-fold], IFNAR2
289 [2-fold], IFNGR2 [3.5-fold] and IL-18R1 [2.5-fold] transcripts being up-regulated. Various
290 membrane adhesion molecules were also up-regulated: ICAM1 [3.9-fold], ITGAM [2.5-fold],
291 and ITGB8 [3.2-fold] all of which serve a role in intercellular attachment.

292

293

294 ***Quantitative PCR verification of microarray data.***

295 Using qRT-PCR, five up-regulated genes were randomly chosen (CCL20, CX₃CL1, CXCL8/IL-
296 8, INFAR1 and CXCL11) to verify the accuracy and reliability of our microarray data.

297 Complementary DNA for each gene from respective hormone-treatments were quantified,
298 then normalised against the copy number of their respective genomic counterparts. From
299 the resultant ratio the level of fold change was calculated, comparing infected and non-

300 infected cell lines exposed to similar hormone conditions. In all cases the trend of up-
301 regulation for the qPCR data mirrors our microarray data (Figure 3).

302 ***Increased expression of cytokine and chemokine genes in human secretory phase***
303 ***primary endocervical cells.***

304 Quantitative RT-PCR was used to compare expression levels of selected
305 cytokines/chemokines in primary endocervical cells, collected at either the secretory or
306 proliferative phases of the menstrual cycle (Figure 4). The genes were chosen based on
307 those that were changed following progesterone treatment and infection of ECC-1 cells.
308 Statistically significant differences in the levels of transcription in *C. trachomatis* D infected
309 primary cells, collected at the estradiol dominant proliferative phase compared to the
310 progesterone dominant secretory phase, were seen for CXCL10 ($p<0.0171$), CXCL11
311 ($p<0.0098$) and IL-17C ($p<0.048$), with the highest expression levels seen in the secretory
312 phase cells. Infection of primary endocervical cells with a second *C. trachomatis*, serovar L₂
313 also resulted in higher expression of transcripts for CXCL10 ($p<0.0441$) and CXCL11
314 ($p<0.019$) in secretory phase cells (data not shown). For all of the mediators tested there
315 was a trend towards higher expression of transcripts following infection of cells collected
316 at the secretory phase of cycle.

317

318 **Discussion:**

319 *Chlamydia trachomatis* is the most common bacterial sexually transmitted pathogen
320 worldwide and a major cause of pelvic inflammatory disease (PID), ectopic pregnancy and
321 tubal factor infertility. Previous studies have shown that infection rates are lower during
322 the progesterone-dominant secretory phase of the female menstrual cycle. The influence of
323 female sex hormones on chlamydial infectivity is also supported by studies in animal
324 models and in *in vitro* studies using hormone-responsive cell lines. Understanding the
325 mechanism(s) whereby hormones affect susceptibility to infection may provide important
326 insights into understanding and controlling infection-induced pathology and also the
327 development of an effective vaccine. To determine if progesterone modulated innate
328 immune responses to infection, we investigated the global gene expression in hormone-
329 responsive ECC-1 cells, pre-treated with physiological concentrations of progesterone,
330 prior to infection with *C. trachomatis*.

331 To confirm the suppressive effect of progesterone on intracellular infections, we monitored
332 the genomic copies of *Chlamydia* under the different hormonal conditions, and found a 5-
333 10-fold reduction of *Chlamydia* in ECC-1 cells pre-treated with progesterone. Under the
334 effect of progesterone alone there was also a significant global suppression of gene
335 expression (10.46%) at 12 hours, however estradiol pre-treatment also caused a similar
336 suppression of gene expression (10.08%). While less than 2% of genes were up-regulated
337 by progesterone treatment alone at either 12 or 24 hours, chlamydial infection resulted in
338 an increase in the number of up-regulated genes at both 12 (3.94%) and 24 (6.71%) hours.
339 Increased levels of gene expression, following infection of estradiol-treated cells was less
340 evident, only increasing from 4.42% to 4.91% of total genes.

341 To define the immune components involved in the reduced number of *C. trachomatis*
342 recovered from progesterone-treated cells, we filtered the list of statistically significant
343 candidate genes that were up-regulated in uninfected progesterone-treated cells, but not in
344 estradiol-treated cells. Prior to infection, there was a significant up-regulation of two
345 chemokine genes (CXCL13 and CXCL7) in progesterone-primed cells compared to
346 estradiol-primed cells. Genes encoding IL-2, IL-19 and IL-24 were also increased, as were
347 the ITFG1, DEFB108B and IL20RB genes. Of these genes only the gene encoding CXCL7 was
348 regulated by interferon (IRG+). Thus, progesterone alone enhances expression of genes

349 encoding chemokines that recruit and activate neutrophils and have direct antimicrobial
350 activity (CXCL7) and B lymphocytes (CXCL13). Also up-regulated was the β -defensin gene
351 DEFB108B together with genes encoding the IL-10 cytokine family members (IL-19 and IL-
352 24) and a component of one of the receptors used by this cytokine family (IL-20RB). Little
353 is known regarding the functions of IL-19 and IL-24 although both may have roles in
354 antibacterial responses, tissue remodelling, have tumour suppressor activity and are
355 implicated in psoriasis ¹². The gene encoding the T cell immunomodulatory protein ITFG1
356 was increased 6-fold within 12 hrs of progesterone priming. These data suggest that
357 progesterone, even prior to infection, activates components of both the innate (defensin
358 production and neutrophil recruitment) and adaptive (B cell recruitment, modulation of T
359 cell function) immune responses within ECC-1 cells.

360 Following infection the transcriptome in progesterone-primed ECC-1 cells was radically
361 different. At 12 hours post infection genes encoding CCL4 and CXCL12 were both up-
362 regulated and at 24 hours post-infection there was coordinate up regulation of multiple CC
363 and CXC chemokines as well as CX₃CL1. Increased gene expression ranged between 1.7 and
364 8 fold and the chemokines were split equally between those that were regulated by
365 interferons (IRG+) and those that were not (IRG-). Many of these chemokines have broad-
366 spectrum antimicrobial activity against both Gram negative and Gram-positive bacteria ¹³.
367 CCL5 also has anti-viral activity against HSV-1 ¹⁴ while CXCL9 is active against *Neisseria* ¹⁵,
368 both sexually transmitted pathogens. Consistent with their chemokine designation this
369 spectrum of up-regulated chemokine genes would result in the recruitment of most
370 leukocyte subsets to the site of infection including neutrophils (CXCL8/IL-8, CCL20, CXCL2),
371 dendritic cells (CCL2), monocyte/macrophages (CCL2, CXCL10, CX₃CL1), NK cells (CXCL10)
372 and T lymphocytes including Th1 and T memory cells (CCL2, CXCL10, CXCL11, CX₃CL1) ¹⁶.
373 Some of these chemokines also promote adhesion of immune cells to endothelial and
374 epithelial cells (CX₃CL1 and CXCL10) and have been implicated in the *de novo* formation of
375 lymphoid tissues (CCL20) ¹⁷. Interestingly, the activity of many chemokines can be
376 modulated by matrix metalloproteinases (MMPs) ¹⁸ and 4 MMP genes were up-regulated
377 more than 2.5-fold in progesterone-primed *Chlamydia*-infected cells. MMPs are also
378 involved in immune cell recruitment and attachment through degradation of extracellular
379 matrix proteins and receptor modulation and also implicated in inflammatory tissue
380 damage ¹⁹. We also used qRT-PCR to look at expression of selected chemokines in

381 *Chlamydia*-infected primary human endocervical cells (Figure 4). Two CXC chemokines
382 (CXCL10 and CXCL11), two CC chemokines (CCL2 and CCL20) and CX₃CL1 were all
383 expressed in infected, secretory phase cells at higher levels than in infected proliferative
384 phase cells when estradiol is dominant, supporting our cell line data showing that
385 progesterone treatment primes cells to respond in a more robust manner to infection.

386 Consistent with previous studies of chlamydial infection, genes encoding IL-1 β , IL-6,
387 CXCL8/IL-8 and TNF α were all up-regulated in progesterone-primed infected cells, as were
388 components of the IL-6 (IL-6ST/GP130 [>11 -fold]) and CXCL8/IL-8 (IL-8RB/CXCR2)
389 receptors. Coordinate expression of these 4 cytokines is a common signature associated
390 with many bacterial infections and inflammatory responses. In addition, two other IL-1
391 family genes (IL-1F8 and IL-1F9) and several defensin-encoding genes (both α and β) were
392 up-regulated in progesterone-primed infected cells, together with several members of the
393 S100 family of proteins (Calgranulins), which have antimicrobial activity¹¹ and also
394 regulate inflammation, cell growth and differentiation^{20,21}.

395 Genes encoding IL-15, a growth factor for NK cells²² and IL-21, which is involved in
396 regulation of NK, B and T cell function were increased at 24 hours post infection, with IL-21
397 expression increased more than 5-fold²³. Most studies of IL-21 suggest that activated CD4
398 T cells are the primary source of this cytokine²⁴ so increased gene expression in
399 endocervical cells was unexpected. Expression of these two cytokines may play a role in the
400 early recruitment of NK cells into the infected genital tract. NK cells provide an important
401 early source of IFN γ , which is essential for resolution of chlamydial infections. IL-21 is
402 also important for the development of Th17 cells²⁴, which are increasingly implicated in
403 the control of genital chlamydial infections^{25,26}. Intriguingly, the cytokine that showed the
404 greatest up-regulation was IL-17C. This is the least-well studied member of the IL-17
405 family of cytokines²⁷. T cells are not a source of this cytokine and mRNA for IL-17C has
406 been previously reported in the prostate, kidney, psoriatic skin and infected lung tissues in
407 mice, although expression may be more restricted in humans^{27,28}. IL-17C activates NF- κ B
408 and stimulates the secretion of TNF α and IL-1 β by THP-1 cells and contributes to the
409 exacerbation of inflammatory arthritis in mice^{27,29}. Interestingly, we also found IL-17C
410 mRNA expression in *Chlamydia*-infected primary endocervical cells (Figure), with
411 expression significantly higher in cells isolated at the secretory phase of the reproductive
412 cycle. This is the first report of expression of IL-17C in the reproductive tract.

413 Genes for two recently discovered cytokines, IL-29 and IL-32, were up regulated in
414 progesterone-treated infected cells. IL-29 (IFN- λ 1) is a member of the type III/IV-interferon
415 family³⁰. These cytokines are distantly related to type I interferons, and activate JAK-STAT
416 pathways to induce antiviral (including HSV), anti-proliferative and antitumor immune
417 responses (reviewed in³¹). IL-29/IFN- λ 1 may inhibit the development of Th2 responses by
418 inhibiting production of IL-13, IL-4 and IL-5^{32,33}, which could promote the development of
419 protective Th1 immunity to infection. IL-32 activates p38MAPK and NF- κ B pathways and is
420 implicated in both innate and adaptive immune responses³⁴. IL-32 increases production of
421 TNF α , IL-1 β , IL-6 and CXCL2/MIP-2 in a dose-dependent manner and epithelial cells
422 from colon, lung and stomach have been shown to secrete IL-32³⁴. IL-32 also synergizes
423 with NOD-1 and NOD-2 ligands for increased production of the pro-inflammatory cytokines
424 IL-1 β and IL-6, through a caspase-1 dependent mechanism³⁵. At least 3 species of
425 *Chlamydia* (*C. trachomatis*, *C. muridarum* and *C. pneumonia*) activate host inflammatory
426 responses in part through NOD-1³⁶⁻³⁹ suggesting that immune activation by *Chlamydia*
427 may involve IL-32/NOD-1 signalling pathways. Furthermore, siRNA knockdown of IL-32
428 reduces the secretion of Th1 cytokines in human PBMC⁴⁰ suggesting a role for IL-32 in
429 driving Th1 immunity.

430 Type 1 interferon pathways were also activated in progesterone-primed and infected cells
431 with two alpha interferon family members (IFNA1 and IFNA14) and both chains of the
432 receptor for alpha and beta interferons (IFNAR1 and IFNAR2) significantly increased. Type
433 1 interferons inhibit chlamydial growth in human epithelial cells in a L-tryptophan-
434 dependent manner⁴¹. The non-ligand-binding chain of the receptor for IFN γ (IFNGR2) was
435 also up-regulated at 24 hours post-infection. A receptor for IFN γ would be required on
436 infected epithelial cells for induction of IDO-mediated tryptophan depletion, the major anti-
437 chlamydial response in human cells elicited by IFN γ secreted by NK and CD4 T cells⁴².

438 In summary, our studies have shown that priming of endocervical cells with progesterone,
439 at concentrations found during the luteal/secretory phase (20 ng/ml), enhances the innate
440 immune response elicited by *C. trachomatis* infection resulting in a 5-10-fold reduction in
441 IFU compared to non-hormone or estradiol-treated cells. The transcriptional profile in
442 progesterone-treated, infected cells included (i) increased expression of multiple
443 antibacterial mediators (defensins, chemokines, S100 proteins), (ii) increased pro-
444 inflammatory cytokines (IL-1, IL-6, TNF α) (iii) coordinated expression of mediators

445 involved in immune cell recruitment (chemokines, adhesion molecules, integrins, MMPs),
446 (iv) activation of both type I and type II interferon pathways and (v) production of
447 cytokines that enhance Th1 immunity (IL-32) and suppress Th2 cells (IL-29). This
448 contrasts with the immunosuppressive effects of progesterone at higher concentrations
449 found during pregnancy (50-200 ng/ml in the third trimester) or produced locally in the
450 placenta, where levels can reach 3000 ng/g of tissue ⁴³, which are required to maintain
451 maternal tolerance to the fetus ⁴⁴. At higher doses progesterone suppresses NK cell activity
452 ⁴⁵, promotes the development of Treg cells ^{46 47}, promotes Th2 development over Th1 ^{48 48},
453 suppresses dendritic cell function ^{49 50 51} and suppresses antibody production ⁵.
454 Collectively these data suggest that multiple protective anti-chlamydial immune
455 mechanisms are primed by progesterone, at concentrations found during the secretory
456 phase, and that this can explain the reduced susceptibility to infection during the secretory
457 phase.

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460

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464

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627

628 **Figure legends**

629 **Figure 1.** Following pre-treatment with sex hormones, *C. trachomatis* 16SrRNA levels in
630 ECC-1 cells were determined by qRT-PCR at 24 hours post infection. The significance of
631 differences in chlamydial genome numbers was determined by one-way ANOVA. Data is
632 presented as mean \pm SEM of triplicate cultures from one of 3 separate experiments.

633

634 **Figure 2.** Global transcriptome analysis of ECC-1 cells following treatment with sex
635 hormones and/or *C. trachomatis* infection

636

637 **Figure 3.** Comparison of the fold change of normalised data obtained from qRT-PCR and
638 microarray for the transcripts encoding CCL20, CX₃CL1, CXCL8/IL-8, IFNAR1 and CXCL11
639 at 24 hrs post-infection of ECC-1 cells. Data are from one of 3 separate experiments.

640

641 **Figure 4.** The fold-change in cytokine and chemokine gene expression between *C.*
642 *trachomatis*-infected versus non-infected proliferative (P, n = 10)) and secretory (S, n = 10)
643 phase primary endocervical cells was determined by qRT-PCR. The dotted line represents
644 the mean of the population. Data are presented as the mean \pm SEM. The asterisk (*)
645 indicates genes that were statistically different.

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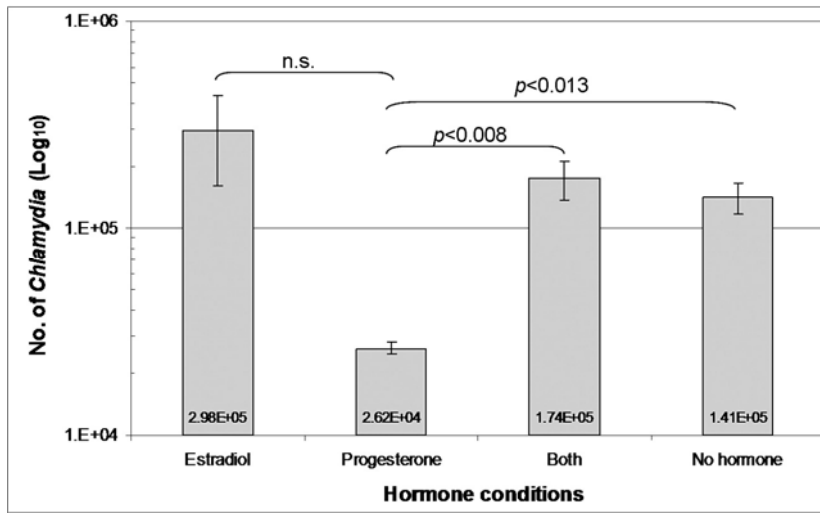
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650 **Figures and Tables**

651

652 **Figure 1**

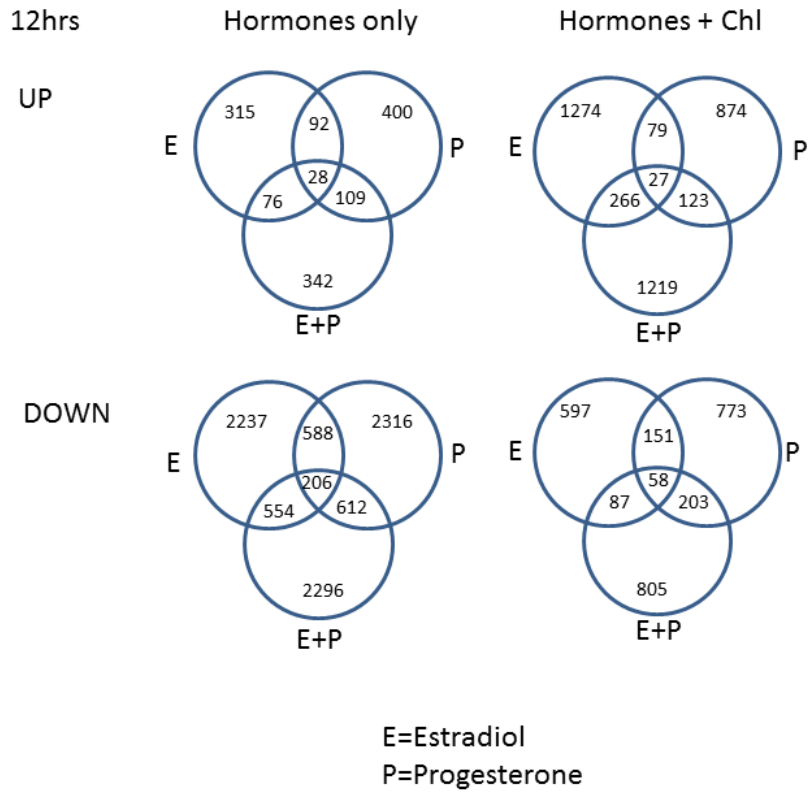


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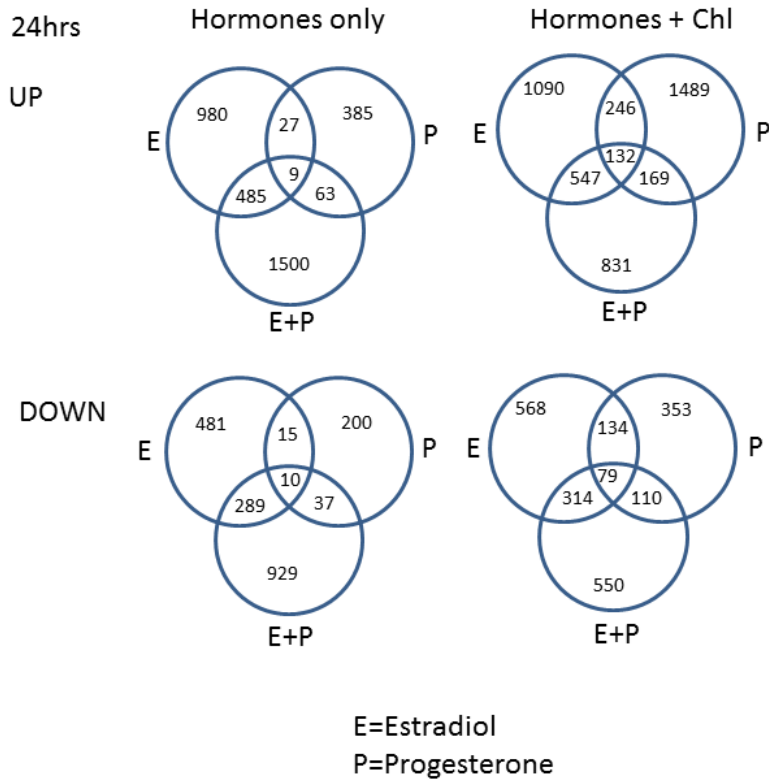
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656 **Figure 2A**
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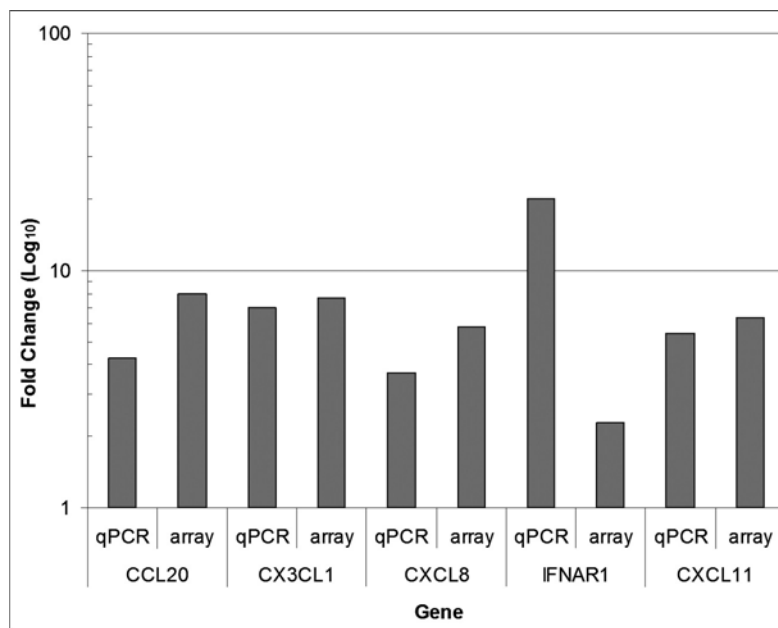
662 **Figure 2B**
663



664
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666 **Figure 3**

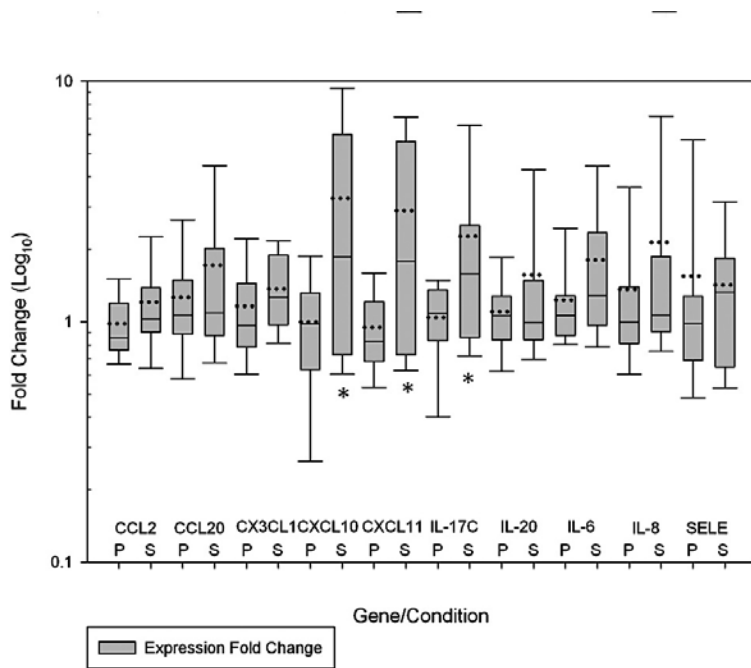
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669 **Figure 4**

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671

672 **Table 1.** Gene targets and primer sequences used to quantify: **A.** Microarray data, and **B.**
 673 Explanted and infected endocervical tissue

A.

Gene	Accession No.	Sense	Antisense
CCL20	D86955	5'-TAACAGCACTCCCAAAGAAC-3'	5'-GTAGCAGCACTGACATCAAA-3'
CX ₃ CL1	U84487	5'-CTTGACCATTCTCCACCTTC-3'	5'-CTCTAACCAGCCAGCAGCAG-3'
CXCL8/ IL-8	Y00787	5'-CAAACCTTTCAGAGACAGCAG-3'	5'-ACACAGTGAGATGGTTCCTT-3'
IFNAR1	P17181	5'-GTGCAGAGGGGCGGTGTGAC-3'	5'-ACACAGTGAGATGGTTCCTT-3'
CXCL11	U66096	5'-AGTCTTCCTGAATGAATGAC-3'	5'-CTTTGTAAACTCCGATGGTA-3'
<i>C.trD</i> 16S rRNA	D85721	5'-GCTTGTTGGTGGGGTAA-3'	5'-CAGTGTGGCGGTCAAT-3'

674

B.

Gene	Accession No.	Taqman Gene Expression Assay number
CX3CL1	NM_002996.3	Hs00171086_m1
CXCL8/IL-8	NM_000584.2	Hs00174103_m1
CCL2	NM_002982.3	Hs00234140_m1
CCL20	NM_004591.1	Hs00355476_m1
IL-6	NM_000600.1	Hs00174131_m1
CXCL10	NM_001565.2	Hs00171042_m1
IL-17C	NM_013278.3	Hs00171163_m1
CXCL11	NM_005409.3	Hs00171138_m1
IL-20	NM_018724.3	Hs00218888_m1
Selectin E	NM_000450.1	Hs00174057_m1

675

676

677

678 **Table 2.** Host-specific immune genes compiled from the microarray data that were
 679 significantly up-regulated, in response to progesterone-only treatment, sampled at 12 hrs
 680 and 24 hrs time-points, with or without a concurrent *C.trachomatis* D infection.

		No chlamydial infection						Concurrent chlamydial infection					
		12hr			24hrs			12hr			24hrs		
		Name	p-value	fold-Δ	Name	p-value	fold-Δ	Name	p-value	fold-Δ	Name	p-value	fold-Δ
Chemokine	IRG+				PPBP	0.022	3.33				CCL20	0.000	8.00
											CX3CL1	0.000	7.65
											CXCL2	0.001	6.25
											CXCL10	0.000	5.22
	IRG-										CCL5	0.000	3.81
											CXCL9	0.039	1.70
		CXCL13	0.015	2.60				CCL4	0.030	2.80	CXCL11	0.001	6.32
								CXCL12	0.025	2.61	CCL2	0.001	5.56
Cytokine	IRG+										CCL22	0.001	5.18
											CCL17	0.008	3.83
											CCL4L2	0.008	2.99
											CXCL1	0.034	2.30
	IRG-										CXCL6	0.015	2.00
											IL1B	0.001	4.83
											IL6	0.000	4.10
		IL24	0.030	3.17				IL29	0.042	2.11	IL7	0.007	2.02
IRG-	IL2	0.034	1.76							IL17C	0.000	8.10	
	IL19	0.035	1.52							IL20	0.000	6.23	
										IL8	0.000	5.75	
										IL21	0.025	5.28	
Immune-related	IRG+						MMP12	0.028	1.56	IL6ST	0.033	11.20	
										JAK1	0.038	6.24	
										S100A3	0.007	4.20	
										SOCS1	0.002	4.07	
										ICAM1	0.000	3.94	
										IFNGR2	0.000	3.49	
										MMP9	0.043	3.12	
										ITGAM	0.007	2.50	
										TLR5	0.039	2.34	
	IRG-									IFNAR1	0.001	2.30	
										STAT6	0.017	2.27	
		ITFG1	0.023	6.01	IL20RB	0.036	2.94	DEFB129	0.001	6.08	S100A9	0.000	10.22
					DEFB108B	0.005	2.66	IFNA1	0.024	4.41	DEFB4B	0.000	7.42
					SOCS4	0.030	1.52	IFNA1	0.024	4.41	S100A8	0.000	4.90
								DEFA4	0.044	3.98	IL1F9	0.001	4.25
								TLR8	0.035	3.75	STAT5A	0.002	3.80
								MMP25	0.007	3.70	MMP25	0.007	3.53
								DEFB104A	0.007	3.17	ITGB8	0.002	3.22
IRG-										IL1RAPL1	0.023	2.85	
										S100A5	0.000	2.55	
										MMP3	0.038	2.53	
										IL18R1	0.003	2.44	
										MMP7	0.036	2.50	
										S100A2	0.018	2.33	
										DEFB137	0.030	2.32	
										IFNAR2	0.009	2.05	
										ITFG2	0.023	1.68	
									SOCS4	0.049	1.63		
									IL1F8	0.004	1.90		
									IL6R	0.049	1.84		
									IFNA14	0.048	1.69		

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